



## BZO One Step Benzodiazepines Test Device (Urine) Package Insert

**Cat:** BZO-102 **Format:** Device  
**Version:** Z **Effective Date:** 2020-07

For professional *in vitro* diagnostic use only.

### INTENDED USE

The BZO One Step Benzodiazepines Test Device (Urine) is a lateral flow chromatographic immunoassay for the detection of Benzodiazepines in urine at a cut-off concentration of 300 ng/mL. This test will detect other related compounds, please refer to the Analytical Specificity table in this package insert.

This assay provides only a qualitative, preliminary analytical test result. A more specific alternate chemical method must be used in order to obtain a confirmed analytical result. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method. Clinical consideration and professional judgment should be applied to any drug of abuse test result, particularly when preliminary positive results are used.

### INTRODUCTION

Benzodiazepines are medications that are frequently prescribed for the symptomatic treatment of anxiety and sleep disorders. They produce their effects via specific receptors involving a neurochemical called gamma aminobutyric (GABA). Because they are safer and more effective, Benzodiazepines have replaced barbiturates in the treatment of both anxiety and insomnia. Benzodiazepines are also used as sedatives before some surgical and medical procedures, and for the treatment of seizure disorders and alcohol withdrawal.

Risk of physical dependence increases if Benzodiazepines are taken regularly (e.g., daily) for more than a few months, especially at higher than normal doses. Stopping abruptly can bring on such symptoms as trouble sleeping, gastrointestinal upset, feeling unwell, loss of appetite, sweating, trembling, weakness, anxiety and changes in perception.

Only trace amounts (less than 1%) of most Benzodiazepines are excreted unaltered in the urine; most of the concentration in the urine is conjugated drug. The detection period for the Benzodiazepines in the urine is 3-7 days.

### PRINCIPLE

The BZO One Step Benzodiazepines Test Device (Urine) is an immunoassay based on the principle of competitive binding. Drugs that may be present in the urine specimen compete against the drug conjugate for binding sites on the antibody.

During testing, a urine specimen migrates upward by capillary action. Benzodiazepines, if present in the urine specimen below the cut-off level, will not saturate the binding sites of the antibody in the test. The antibody coated particles will then be captured by immobilized Benzodiazepines-protein conjugate and a visible colored line will show up in the test line region. The colored line will not form in the test line region if the Benzodiazepines level exceeds the cut-off level, because it will saturate all the binding sites of anti-Benzodiazepines antibodies.

*A drug-positive urine specimen will not generate a colored line in the test line region because of drug competition, while a drug-negative urine specimen or a specimen containing a drug concentration less than the cut-off will generate a line in the test line region. To serve as a procedural control, a colored line will always appear at the control line region indicating that proper volume of specimen has been added and membrane wicking has occurred.*

### REAGENTS

The test contains drug-bovine protein antigen conjugate on the membrane and the conjugate pad of each test contains monoclonal anti-drug antibody.

### KIT COMPONENTS

**Individually packed Test Devices** Each Device contains a strip with colored conjugates and reactive reagents pre-spread at the corresponding regions.  
**Package insert** For operation instruction.

### MATERIALS REQUIRED BUT NOT PROVIDED

**Specimen collection container** For specimens collection use.  
**Timer** For timing use.

### PRECAUTIONS

- For professional *in vitro* diagnostic use only.
- Do not use after expiration date indicated on the package. Do not use the test if its foil pouch is damaged. Do not reuse tests.
- This kit contains products of animal origin. Certified knowledge of the origin and/or sanitary state of the animals does not totally guarantee the absence of transmissible pathogenic agents. It is therefore, recommended that these products be treated as potentially infectious, and handled observing the usual safety precautions (do not ingest or inhale).
- Avoid cross-contamination of specimens by using a new specimen collection container for each specimen obtained.
- Read the entire procedure carefully prior to performing any tests.
- Do not eat, drink or smoke in the area where the specimens and kits are handled. Handle all specimens as if they contain infectious agents. Observe established precautions against microbiological hazards throughout the procedure and follow the standard procedures for proper disposal of specimens. Wear protective clothing such as laboratory coats, disposable gloves and eye protection when specimens are assayed.
- Humidity and temperature can adversely affect results.
- The used testing materials should be discarded in accordance with local, state and/or federal regulations.

### STORAGE AND STABILITY

- The kit should be stored at 2-30°C until the expiry date printed on the sealed pouch.
- The test must remain in the sealed pouch until use.
- Do not freeze.**
- Cares should be taken to protect components in this kit from contamination. Do not use if there is evidence of microbial contamination or precipitation. Biological contamination of dispensing equipment, containers or reagents can lead to false results.

### SPECIMEN COLLECTION AND STORAGE

- The urine specimen must be collected in a clean and dry container. Urine collected at any time of the day may be used. Urine specimens exhibiting visible particles should be centrifuged, filtered, or allowed to settle to obtain clear specimen for testing.
- Collected urine specimens must be put in clear and dry containers.
- Perform the testing immediately after the specimen collection. Do not leave the specimens at room temperature for prolonged periods. Specimens may be stored at 2-8°C for up to 48 hours. For long term storage, specimens should be kept below -20°C.
- Bring specimens to room temperature prior to testing. Frozen specimens must be completely thawed and mixed well prior to testing. Avoid repeated freezing and thawing of specimens.
- Pack the specimens in compliance with applicable regulations for transportation of etiological agents, in case they need to be shipped.

### PROCEDURE

**Bring tests, specimens and/or controls to room temperature (15-30°C) before use.**

- Bring the pouch to room temperature before opening it. Remove the test device from the sealed pouch and use it as soon as possible.
- Place the test device on a clean and level surface. Hold the dropper vertically and **transfer 3 full drops of urine** (approx. 100 µL) to the specimen well (S) of the test device, and then start the timer. Avoid trapping air bubbles in the specimen well (S).
- Wait for the colored line(s) to appear. **Read results at 5 minutes.** Do not interpret the result after 10 minutes.

### INTERPRETATION OF RESULTS

#### POSITIVE RESULT:

C  
T

Only one colored band appears in the control region (C). No apparent colored band appears in the test region (T).

#### NEGATIVE RESULT:

C C  
T T

Two colored bands appear on the membrane. One band appears in the control region (C) and another band appears in the test region (T).

#### INVALID RESULT:

C C  
T T

Control band fails to appear. Results from any test which has not produced a control band at the specified reading time must be discarded. Please review the procedure and repeat with a new test. If the problem persists, discontinue using the kit immediately and contact your local distributor.

#### NOTE:

- The intensity of the color in test region (T) may vary depending on the concentration of aimed substances present in the specimen. Therefore, any shade of color in the test region should be considered negative. Besides, the concentration level can not be determined by this qualitative test.
- Insufficient specimen volume, incorrect operation procedure, or performing expired tests are the most likely reasons for control band failure.

### QUALITY CONTROL

- Internal procedural controls are included in the test. A colored band appearing in the control region (C) is considered an internal positive procedural control. It confirms sufficient specimen volume and correct procedural technique.
- External controls are not supplied with this kit. It is recommended that positive and negative controls be tested as a good laboratory practice to confirm the test procedure and to verify proper test performance.

### LIMITATIONS OF THE TEST

- The BZO One Step Benzodiazepines Test Device (Urine) provides only a qualitative, preliminary analytical result. A secondary analytical method must be used to obtain a confirmed result. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method.<sup>2,3</sup>
- It is possible that technical or procedural errors, as well as other interfering substances in the urine specimen may cause erroneous results.
- Adulterants, such as bleach and/or alum, in urine specimens may produce erroneous results regardless of the analytical method used. If adulteration is suspected, the test should be repeated with another urine specimen.
- A positive result indicates presence of the drug or its metabolites but does not indicate level of intoxication, administration route or concentration in urine.

- 5.A negative result may not necessarily indicate drug-free urine. Negative results can be obtained when drug is present but below the cut-off level of the test.
- 6.Test does not distinguish between drugs of abuse and certain medications.

PERFORMANCE CHARACTERISTICS

**A. Accuracy**  
132 clinical urine specimens were analyzed by GC-MS and by the BZO One Step Benzodiazepines Test Device (Urine).Each test was performed by three operators. Samples were divided by concentration into five categories: negative, less than half the cutoff, near cutoff negative, near cutoff positive, and high positive. Results were as follows:

Method		GC/MS					
The BZO One Step Benzodiazepines Test Device		Neg.	Neg. (< – 50% cutoff)	Near cutoff neg. (-50% cutoff to cutoff)	Near cutoff pos. (cutoff to +50% cutoff)	Pos. (> +50 % cutoff)	% agreement with GC/MS
BZO 300	Positive	0	0	0	8	58	97.06%
	Negative	40	15	9	2	0	100%

**B. Precision**  
A study was conducted at three physician offices for Benzodiazepines (300 ng/mL)by professional operators using three different lots of product to demonstrate the within run, between run and between operator precision.An identical panel of coded specimens, containing drugs at the concentration of ± 50% and ± 25% cut-off level, was labeled as a blind and tested at each site. The results are given below:

Drug Conc.	n per site	Site A		Site B		Site C	
		-	+	-	+	-	+
Negative	10	10	0	10	0	10	0
-50% Cut-off	10	10	0	10	0	10	0
-25% Cut-off	10	10	0	10	0	10	0
+25% Cut-off	10	1	9	0	10	1	9
+50% Cut-off	10	0	10	0	10	0	10

**C. Effect of Urinary Specific Gravity**  
Fifteen (15) urine samples of normal, high, and low specific gravity ranges (1.000-1.037) were spiked with drugs at 50% below and 50% above cut-off levels respectively. The BZO One Step Benzodiazepines Test Device (Urine) was tested in duplicate using fifteen drug free urine and spiked urine samples. The results demonstrate that varying ranges of urinary specific gravity do not affect the test results.

**D. Effect of Urinary pH**  
The pH of an aliquoted negative urine pool was adjusted to a pH range of 5 to 9 in 1 pH unit increments and spiked with drugs at 50% below and 50% above cut-off levels. The spiked, pH adjusted urine was tested with the BZO One Step Benzodiazepines Test Device (Urine). The results demonstrate that varying ranges of pH do not interfere with the performance of the test.

**E. Cross-Reactivity**  
The following tables list the concentrations of compounds (ng/mL) above which the BZO One Step Benzodiazepines Test Device (Urine) identified positive results at 5 minutes.

Benzodiazepines related Compound	Concentration (ng/mL)
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Alprazolam	200
α -Hydroxylalprazolam	1200
Bromazepam	1500
Chlordiazepoxide	1500
Clonazepam	800
Clorazepate	200
Desalkylflurazepam	400
Diazepam	200
Estazolam	200
Flunitrazepam	400
Flurazepam	400
(± ) Lorazepam	1500
Lormetazepam	4000
Midazolam	12500
Nitrazepam	100
Norchlordiazepoxide	200
Nordiazepam	400
Temazepam	100
Triazolam	2500

**F. Non Cross-Reacting Compounds**  
The following compounds yielded negative results up to a concentration of 100 µg/mL:

4-Acetamidophenol	Gatifloxacin	Penfluridol
Acetaminophen	Gemfibrozil	Penicillin G potassium salt
Acetylsalicylic Acid	Gentisic Acid	Penicillin G sodium salt
Albumin	Gliclazide	Perphenazine
Amoxicillin	Glipizide	Phenacetin
Ampicillin	Glyburide	Phenelzine Sulfate
Ampicillin trihydrate	Guaiacol	Phenothiazine
Aspartame	Guaiifenesin	2-Phenylethylamine
Atropine	Hemoglobin	Pioglitazone
Baclofen	Hydralazine HCl	Piracetam
Benzoic Acid	Hydrochlorothiazide	Pravastatin sodium
Berberine Chloride		Prednisone
Hydrate	Hydrocortisone	
Bilirubin	Ibuprofen	Procaine
Caffeine	Isoprenaline	Promethazine hydrochlorine
Cephalexin	Ketoconazole	6-Propyl-2-thiouracil
Cephadrine	Ketoprofen	Pyridoxine
Chloral hydrate	Lamotrigine	Pyrilamine Maleate
Chloramphenicol	L-Ascorbic acid	Pyrogallic
Chlorpheniramine Maleate	Levofloxacin	Quetiapine Fumarate
Chlorpromazine	Lidocaine	Quinine
Cholesterol	Lidocaine Monohydrate	Quinolinic acid
Ciprofloxacin hydrate	Lisinopril Dihydrate	R,R(-)-Pseudoephedrine
Clarithromycin	Lithium carbonate	Ranitidine base
Clonidine solution	Loperamide	Ranitidine
Creatinine	Loratadine	Riboflavin
D(-)-Norgestrel	L-Thyroxine sodium	Rifampicin
d,l-Propranolol	Maprotiline	Risperidone
Deoxycorticosterone	Meprobamate	Salicylic acid
Dextromethorphan solution		Sertraline HCl
Diclofenac	Minocycline	Simvastatin
	Mosapride Citrate	Sodium 2-Propylvalerate
Diflunisal	Nalidixic acid	

Digoxin	Naloxone HCl	Sulfamethazine
4-Dimethyl-aminoantipyrine	Naltrexone HCl	Sulindac
Diphenhydramine	Naproxen	Tetracycline
5,5-Diphenylhydantoin	Nicotinamide	Tetrahydrozoline
D-Lactose monohydrate	Nicotinic acid	Theophylline
D-Leucyl-L-tyrosine Hydrate	Nifedipine	Thiamine
Dopamine	Nimodipine	Thioridazine solution
Droperidol	Norethisterone Acetate	Tolbutamide
Enalapril Maleate	Norfloracin Nicotinic	Topiramate
		2,4,7-Triamino-6-Phenylpteridine
Erythromycin	Noscapine	Trimethoprim
	(±)-Octopamine	Tryptamine
Estradiol	Ofloxacin	Tyramine
Estrone	Olanzapine	Uric acid
Ethyl 4-aminobenzoate	Oxalic acid, anhydrous	(±)-Verapamil
Fluoxetine	Oxolinic acid	Vitamin B1
Fotemustine	Paliperidone	Zomepirac
Furosemide	Pantoprazole sodium	
Gabapentin		

LITERATURE REFERENCES

1. Tietz NW. Textbook of Clinical Chemistry. W.B. Saunders Company. 1986; 1735
2. Baselt RC. Disposition of Toxic Drugs and Chemicals in Man. 2nd Ed. Biomedical Publ., Davis, CA. 1982; 488
3. Hawks RL, CN Chiang. Urine Testing for Drugs of Abuse. National Institute for Drug Abuse (NIDA), Research Monograph 73, 1986

Index of Symbols

	Consult Instruction for use		Tests per kit		Do not use if package is damaged
	For in vitro diagnostic use only		Use by date		Do not reuse
	Store between 2-30°C		Lot Number		Catalogue number
	Keep away from sunlight		Keep dry		Manufacturer
	Caution		Date of manufacture		Authorized Representative

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